# **Tokaido: Food Identity**

Play a game of the relaxing Tokaido board game.

## **Rules of the Game**

- In the game, your task is to experience the most amount of culture which will earn you points. Get the most points and you win the game.
- You will choose a character who has a special ability that will embark on the journey between Kyoto and Edo (Tokyo).
- You will experience the food, hot springs, souvenirs and other events which will give you a variety of points.
- It is always the player who is furthest back's turn and 2 players cannot occupy the same spot on the board.
- Refer to the rule booklet for scoring and more information!

## **Your Task**

- After completing a full play through of the game, you are to create two decks of 8 food cards from 2 different cultures.
- You are also expected to write a report that includes:
  - o A synopsis for 3 food items of each culture
    - The impact that it has on the culture
    - Answers to the guiding questions
  - o A comparison of the food of both cultures to that of Canada
- Be sure to include your references in APA format

## **Guiding Questions**

- Why is this food item so important to the diet of the people that eat it?
- Where did the food originate from?
- How expensive is the food and what is the culture?
- How will you compile your information to be visually pleasing?
- What are the cultural norms of eating each item?

## Check-Bric

| Knowledge & Understanding   |           |
|---|-----------|
| The project includes 16 food cards. (1 mark per card)   | 000000000 |
| Application   |           |
| The food items chosen represents the culture.   | 00000     |
| A synopsis for 3 cards of each culture is presented and their origins are explored and the norms of eating them (4 marks per card)  • Culture 1 |           |
| <ul> <li>Card 1</li> <li>Card 2</li> <li>Card 3</li> </ul>  | 0000      |
| • Culture 2   | 0000      |
| Communication   |           |
| The cards are aesthetically pleasing  | 00000     |
| Correct use of used spelling, grammar, syntax, punctuation and form in my report.  (-0.5 marks per error)                                       | 00000     |
| References are stated in APA format   |           |
| Thinking & Inquiry  |           |
| The report compares the food of the different cultures to the food culture of Canada. It illustrates the differences and similarities.          | 000000000 |
| I have completed a playthrough of the game.   |           |
| Total   | /62       |

**Self-Evaluation:** Please assign yourself a score by circling the level you feel you have achieved.

| Learning Skills and Work Habits   | Needs                                   |   |              |         |
|---|---|---|--------------|---------|
|   | Improvement/Satisfactory/Good/Excellent |   |              |         |
| Responsibility  |   |   |              |         |
| <ul> <li>I have completed all of my tasks on time</li> </ul>                            |   |   |              |         |
|   | N                                       | S | G            | ${f E}$ |
| Independent Work  |   |   |              |         |
| I have come prepared to work on my project  |   |   |              |         |
| when given time.  | N                                       | S | $\mathbf{G}$ | ${f E}$ |
|   |   |   |              |         |
| Initiative  |   |   |              |         |
| I have sought guidance/clarification when   |   |   |              |         |
| necessary and helped my group as necessary.   | N                                       | S | G            | ${f E}$ |
|   |   |   |              |         |
| Organization  |   |   |              |         |
| I have submitted all components of the project.   |   |   |              | _       |
| Collaboration   | N                                       | S | G            | ${f E}$ |
| Collaboration   |   |   |              |         |
| I have worked well with my fellow game mates  and provided feedback for others' macross |   |   |              |         |
| and provided feedback for others' progress.   |   |   |              |         |
| Solf Dogulation   | N                                       | S | G            | ${f E}$ |
| Self-Regulation  Library used class time affectively to complete                        |   |   |              |         |
| I have used class time effectively to complete<br>my project                            | N                                       | S | $\mathbf{G}$ | ${f E}$ |
| my project  |   |   |              |         |

**Teacher Considerations: Expectations** 

#### B. Culture, Foods, and Food Practices

- B1. Food Choices: demonstrate an understanding of the factors that influence food choices, with reference to a variety of cultures;
  - o B1.1 explain how various factors (e.g., geography, religion, economics, culture, environment, values) influence personal and societal food choices
  - B1.2 explain why specific foods are served on various special occasions in Canada and in different countries
  - o B1.3 describe the origins and development of food traditions and agricultural practices in a variety of cultures
- B3. Culture and Food Habits: demonstrate an understanding of the influence of culture on how people obtain, prepare, serve, and consume food.
  - o B3.4 compare some food-production and food acquisition practices in Canada to those in a variety of other countries/cultures
  - o B3.5 compare and contrast food-preparation practices in a variety of cultures
  - o B3.6 describe some cultural variations in daily eating patterns